

G. Paul Doxey, MD

Trusted, experienced personal ENT care

St. George Medical Park
736 South 900 East • Suite 201
St. George, UT 84790

Tel: 435-628-3342

Fax: 435-628-3277 • www.DoxeyENT.com

G. PAUL DOXEY, MD

Board-Certified: American
Board of Otolaryngology

Residency: Otolaryngology–
Head & Neck Surgery, University
of Utah Medical Center,
Salt Lake City

MD: University of Utah College
of Medicine, Salt Lake City

Snoring and Obstructive Sleep Apnea The Epworth Sleepiness Scale

Name _____

Date _____

TRUSTED CARE FOR:

- Sinus/nasal problems
- Snoring & sleep apnea
- CT-guided sinus surgery
- Balloonplasty
- Deviated septum
- Nasal blockage/polyps
- Nasal fractures
- Nosebleeds
- Ear pain & infections
- Voice & swallowing disorders
- Care of the professional voice
- Perforated eardrum
- Head & neck surgery/cancer
- Thyroid & parathyroid surgery
- Allergies & testing
- Salivary gland infections & surgery
- Nose reshaping (rhinoplasty)
- Facial or nasal fracture repair
- Otoplasty (correction of overly prominent or poorly positioned ears)
- Neck masses
- Facial wound repair & reconstruction
- Surgical removal of facial moles & tumors

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired? This refers to your usual way of life in recent months. Even if you have not done some of these things recently, try to imagine how they would have affected you. Use the following scale to choose the most appropriate number for each situation:

0 = no chance of dozing

1 = slight chance of dozing

2 = moderate chance of dozing

3 = high chance of dozing

Situation

Chance of Dozing

Sitting and reading _____

Watching TV _____

Sitting inactive in a public place (e.g., a theater or a meeting) _____

As a passenger in a car for an hour without a break _____

Lying down to rest in the afternoon when circumstances permit _____

Sitting and talking to someone _____

Sitting quietly after lunch without alcohol _____

In a car while stopped for a few minutes in traffic _____

Total = _____

TRUSTED CONVENIENCE:

- Convenient location
- Friendly, courteous staff
- Most insurance accepted & filed
- Major credit cards welcome
- Convenient office hours
- Ample free parking