

G. Paul Doxey, MD

Trusted, experienced personal ENT care

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G. PAUL DOXEY, MD

Board-Certified: American Board of Otolaryngology

Residency: Otolaryngology-Head & Neck Surgery, University of Utah Medical Center, Salt Lake City

MD: University of Utah College of Medicine, Salt Lake City

TRUSTED CARE FOR:

- Sinus/nasal problems
- Snoring & sleep apnea
- CT-guided sinus surgery
- Balloonplasty
- Deviated septum
- Nasal blockage/polyps
- Nasal fractures
- Nosebleeds
- Ear pain & infections
- Voice & swallowing disorders
- Care of the professional voice
- Perforated eardrum
- Head & neck surgery/cancer
- Thyroid & parathyroid surgery
- Allergies & testing
- Salivary gland infections & surgery
- Nose reshaping (rhinoplasty)
- Facial or nasal fracture repair
- Otoplasty (correction of overly prominent or poorly positioned ears)
- Neck masses
- Facial wound repair & reconstruction
- Surgical removal of facial moles & tumors

TRUSTED CONVENIENCE:

- Convenient location
- Friendly, courteous staff
- Most insurance accepted & filed
- Major credit cards welcome
- Convenient office hours
- Ample free parking

VOICE HANDICAP INDEX

Name: _____ Date: _____

These are statements that many people have used to describe their voices and the effects of their voices on their lives. Write the response that indicates how frequently you have the same experience.

0 = never 1 = almost never 2 = sometimes 3 = almost always 4 = always

Part I-F

1. My voice makes it difficult for people to hear me. _____
2. People have difficulty understanding me in a noisy room. _____
3. My family has difficulty hearing me when I call them throughout the house. _____
4. I use the phone less often than I would like to. _____
5. I tend to avoid groups of people because of my voice. _____
6. I speak with friends, neighbors, or relatives less often because of my voice. _____
7. People asked me to repeat myself when speaking face-to-face. _____
8. My voice difficulties restrict personal and social life. _____
9. I feel left out of conversations because of my voice. _____
10. My voice problem causes me to lose income. _____

Total

Part II-P

1. I run out of air when I talk. _____
2. The sound of my voice varies throughout the day. _____
3. People ask, "What's wrong with your voice?" _____
4. My voice sounds creaky and dry. _____
5. I feel as though I have to strain to produce voice. _____
6. The clarity of my voice is unpredictable. _____
7. I try to change my voice to sound different. _____
8. I use a great deal of effort to speak. _____
9. My voice is worse in the evening. _____
10. My voice "gives out" on me in the middle of speaking. _____

Total

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Part III-E

1. I am tense when talking to others because of my voice. _____
2. People seemed irritated with my voice. _____
3. I find other people don't understand my voice problem. _____
4. My voice problem upsets me. _____
5. I am less outgoing because of my voice problem. _____
6. My voice makes me feel handicapped. _____
7. I feel annoyed when people ask me to repeat. _____
8. I feel embarrassed when people ask me to repeat. _____
9. My voice makes me feel incompetent. _____
10. I'm ashamed of my voice problem. _____

Total

I would rate my degree of talkativeness as the following: (circle one)

1	2	3	4	5	6	7
Quiet Listener			Average Talker			Extremely Talkative

TOTALS

F = _____

P = _____

E = _____

Total = _____

“The Voice Handicap Index (VHI): Development and Validation”

Barbara H. Jacobson, et al

American Journal of speech language pathology volume 6(3), 66-70, 1997